Fun at Family Camp 2017

In July over 60 people enjoyed family time at the California Maritime Academy in Vallejo. Activities included a presentation from the Hemophilia Federation of America called “Get Up, Get Into it, Get Involved,” an afternoon of swimming, games, movies and a very special surprise. Saturday evening the families were joined by Captain America, Batman, Moana and Ariel who provided superhero training, along with songs, storytelling and picture taking opportunities with all of the kids (and even the adults). Make plans to join us next year, you won’t want to miss out on a wonderful opportunity to spend time with your bleeding disorders family. Next year’s camp is tentatively scheduled for July 13-15, 2018.
It is our mission to improve the quality of life for persons with inherited bleeding disorders through Education, Advocacy and Support. For CCHF to meet our mission and provide services in our community, we rely on the generosity of individuals and businesses for support. Without the assistance of community-minded individuals just like you, we wouldn’t be able to serve those in our community each year. We ask for your support and remember that every donation makes a difference.

You may donate on our website at www.cchfsac.org or mail your donation to us at P.O Box 163689, Sacramento, CA 95816.

Thank You

Education Day Sponsors & Exhibitors

Hemophilia Federation of America
National Hemophilia Foundation
Hemophilia Council of California
Aptevo
Bayer
Bioverativ
CSL Behring
Pfizer
Shire
Accredo
BioRx
Brothers Healthcare
CVS Specialty
Factor Support Network
Soleo Health
Specialty Care Rx
Quality Home Infusions
UC Davis Hemostasis and Thrombosis Center

UPCOMING EVENTS — 2017

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<tr>
<td>3 — Monthly Meeting</td>
<td>7 — Monthly Meeting</td>
<td>2 — Holiday Party</td>
<td>2 — Monthly Meeting</td>
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<td>20—22 HEAL Women’s Symposium</td>
<td>5 — Monthly Meeting</td>
<td>TBD - Scholarship &amp; Career Fair</td>
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Nearly 200 people participated in this year’s Family Education Day on August 5th at the Double Tree Hotel in Sacramento. Children participated in activities like Junior Scientist where they learned about DNA and a game show titled, “Are You Smarter than a Fifth Grader.” Teens talked about “Getting Ready for What is Next” and learned about the Junior Board opportunity, and adults discussed preparing for disasters, the importance of proper dental care, and parenting strategies, among other topics. The following day, almost 150 people participated in the Six Flags Discovery Kingdom outing, which included park admission and a BBQ lunch. Thank you to all of our sponsors and exhibitors. Please mark your calendar for next year – August 4 & 5, 2018.
CCHF had its first Family Fit and Fun day on Saturday, September 9, 2017 at the Sacramento State Aquatic Center at Lake Natomas. Over 100 attendees had an amazing day of education, fun and awesome food. Brian Stowe provided an amazing speech for our attendees on bullying and we had Curtis from the UC Davis Treatment Center provide tips on physical therapy. Our young people had water activities including kayaking. The Sacramento Kings Dancers were on hand to sign autographs and the food was provided by Roaming Hunger, Squeeze Inn, and Cowtown food trucks. A great time was had by one and all! This is sure to be a newly added tradition in the CCHF line up of amazing programs offered to our community.

CCHF is growing and we need your help!

We are looking for volunteers for our ever expanding committees, event planning, board development and administrative help. We would love to utilize your special talents and your desire to give back to the community.

Whether you have a special talent, are wondering how you can help out, have a couple of hours to stuff envelopes, would like to sit at an information booth, or are curious about board development within our Junior Board or CCHF Board call 916-448-0370 or email us at cchfsac1@yahoo.com.

Exploring the New Frontier was the theme of the 69th NHF Annual Meeting held in Chicago IL this year. CCHF was very well represented with five attendees present. There was coverage in all of the meetings from the Chapter Track where NHF leaders provided guidance for the CCHF Board, Education and Advocacy, Research and development, Consumer / patient tracks on VWD, Women’s Issues, Growing Old with Hemophilia and so much more. Our attendees will be sharing their new found knowledge with the board and our community. Next years meeting will be in Orlando, FL so look for upcoming information to attend.

Make sure we have your current information so you can stay informed of all upcoming events. Complete the contact / donation forms that were mailed to you or contact us at cchfsact@yahoo.com.