



# Hemophilia Herald

Education, Advocacy and Support



September 2017  
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## Fun at Family Camp 2017

In July over 60 people enjoyed family time at the California Maritime Academy in Vallejo. Activities included a presentation from the Hemophilia Federation of America called “Get Up, Get Into it, Get Involved,” an afternoon of swimming, games, movies and a very special surprise. Saturday evening the families were joined by Captain America, Batman, Moana and Ariel who provided superhero training, along with songs, storytelling and picture taking opportunities with all of the kids (and even the adults). Make plans to join us next year, you won’t want to miss out on a wonderful opportunity to spend time with your bleeding disorders family. Next year’s camp is tentatively scheduled for July 13-15, 2018 .



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Central California Hemophilia Foundation is dedicated to improving the quality of life for persons impacted by inherited bleeding disorders through education, advocacy and support.

## UPCOMING EVENTS —2017

October	November	December	January,2018
3 —Monthly Meeting	7—Monthly Meeting	2 —Holiday Party	2—Monthly Meeting
20—22 HEAL Women’s Symposium		5—Monthly Meeting	TBD -Scholarship & Career Fair

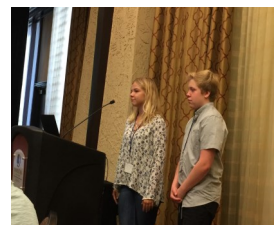
It is our mission to improve the quality of life for persons with inherited bleeding disorders through Education, Advocacy and Support.

For CCHF to meet our mission and provide services in our community, we rely on the generosity of individuals and businesses for support. Without the assistance of community-minded individuals just like you, we wouldn't be able to serve those in our community each year .

We ask for your support and remember that every donation makes a difference.

You may donate on our website at [www.cchfsac.org](http://www.cchfsac.org) or mail your donation to us at P.O Box 163689, Sacramento, CA 95816

# Thank You



### Education Day Sponsors & Exhibitors

- Hemophilia Federation of America
- National Hemophilia Foundation
- Hemophilia Council of California
- Aptevo
- Bayer
- Bioverativ
- CSL Behring
- Pfizer
- Shire
- Accredo
- BioRx
- Brothers Healthcare
- CVS Specialty
- Factor Support Network
- Soleo Health
- Specialty Care Rx
- Quality Home Infusions
- UC Davis Hemostasis and Thrombosis Center

### *Education Day & Six Flags Discovery Kingdom*

Nearly 200 people participated in this year's Family Education Day on August 5<sup>th</sup> at the Double Tree Hotel in Sacramento. Children participated in activities like Junior Scientist where they learned about DNA and a game show titled, "Are You Smarter than a Fifth Grader." Teens talked about "Getting Ready for What is Next" and learned about the Junior Board opportunity, and adults discussed preparing for disasters, the importance of proper dental care, and parenting strategies, among other topics. The following day, almost 150 people participated in the Six Flags Discovery Kingdom outing, which included park admission and a BBQ lunch. Thank you to all of our sponsors and exhibitors. Please mark your calendar for next year – August 4 & 5, 2018.



# Family Fit & Fun

CCHF had its first Family Fit and Fun day on Saturday, September 9, 2017 at the Sacramento State Aquatic Center at Lake Natomas. Over 100 attendees had an amazing day of education, fun and awesome food.

Brian Stowe provided an amazing speech for our attendees on bullying and we had Curtis from the UC Davis Treatment Center provide tips on physical therapy. Our young people had water activities including kayaking. The Sacramento Kings Dancers were on hand to sign autographs and the food was provided by Roaming Hunger, Squeeze Inn, and Cowtown food trucks.

A great time was had by one and all! This is sure to be a newly added tradition in the CCHF line up of amazing programs offered to our community.



## CCHF is growing and we need your help!

We are looking for volunteers for our ever expanding committees, event planning, board development and administrative help. We would love to utilize your special talents and your desire to give back to the community.

Whether you have a special talent, are wondering how you can help out, have a couple of hours to spare, would like to sit at an information booth, or are curious about board development within our

Junior Board or CCHF Board

call 916-448-0370

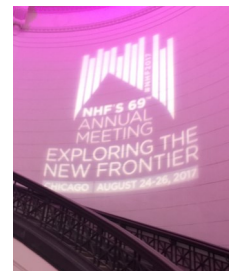
or

email us at [cchfsac1@yahoo.com](mailto:cchfsac1@yahoo.com).

## NHF 69th Annual Meeting

Exploring the New Frontier was the theme of the 69th NHF Annual Meeting held in Chicago IL this year. CCHF was very well represented with five attendees present. There was coverage in all of the meetings from the Chapter Track where NHF leaders provided guidance for the CCHF Board, Education and Advocacy, Research and development, Consumer / patient tracks on VWD, Women's Issues, Growing Old with Hemophilia and so much more. Our attendees will be sharing their new found knowledge with the board and our community. Next years meeting will be in Orlando, FL so look for upcoming information to attend.

Make sure we have your current information so you can stay informed of all upcoming events. Complete the contact / donation forms that were mailed to you or contact us at [cchfsac1@yahoo.com](mailto:cchfsac1@yahoo.com)





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*This newsletter mailed to you courtesy of BloodSource. Thank you BloodSource for your continued support.*



**Science matters. Because patients matter.**

It's because of this belief that we:

Brought the leading extended half-life therapies to people with hemophilia—innovation that has changed the way hemophilia can be managed.

Sponsor free genetic testing for people with hemophilia and carriers through *My Life. Our Future.* Together with program co-founders the American Hemophilia and Hemostasis Network, Bloodworks Northwest, and the National Hemophilia Foundation, we are advancing disease understanding and research for the entire community.

Transformed humanitarian aid in hemophilia, with 50kL by committing to donate up to one billion Us of factor therapy over 10 years to help close the treatment gap in the developing world. More than 12,300 people have been treated through the *With Humanitarian Aid Program*, which is receiving 500 million Us over five years.

We not only believe great science can conquer the toughest medical challenges, we live it every single day.

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